

The Ultimate Travelers Checklist

Carry-On Essentials:

- Anything valuable
- Under seat tote or backpack with handle sleeve
- Cross-body day bag, wallet
- Medications, vitamins
- Pen, small notebook

Electronics:

- Smartphone
- Tablet/iPad or Kindle
- Charging cords
- Plug adapters, w/USB ports
- Mobile charger for phone/camera
- Headphones
- Camera & memory cards
- Batteries

Travel Comfort:

- Healthy snacks/water bottle
- Neck pillow, eye shades & ear plugs
- Toothbrush, toothpaste
- Change of clothes
- Glasses, sunglasses
- Makeup, lip balm, lotion
- Guidebook

Safety & Security:

- RFID security neck wallet or money belt (passport, credit cards, cash, ATM card, etc.)
- RFID protector sleeves for credit cards
- Photocopies of all documents (or scan & email to secure email)
- Photos of travel companions
- TSA approved luggage locks, cable optional
- TSA 3-1-1 approved bottles
- Micro flashlight

Personal Care Items:

- Hanging toiletry kit
- Personal hygiene items
- Contact lenses, solution
- Spare glasses
- Travel washcloth, tissues
- Nail clippers, tweezers
- Pain reliever, antacids
- Insect repellent
- Sunscreen
- First aid kit, Band-Aids
- Motion sickness remedy
- Travel clothesline, soap packets
- Dry cleaner bags / kitchen bags (reduce wrinkles)
- Multi-use travel towel

Basics:

- Lightweight luggage
- Expandable tote or duffel
- Ziploc plastic bags
- Packing cubes, folders
- Compression bags

Clothing:

- Walking shoes
- Sandals, flip flops
- Dressier shoes
- Socks & underwear
- Belts & accessories
- Skirts, dress, scarf
- Casual pants & shorts
- T-Shirts – variety
- Collared shirt
- Sweater/fleece
- Swim wear, sarong
- Sleep wear
- Athletic wear, runners
- Rain coat with hood
- Gloves, hat, scarf

Extras to Consider:

- Travel umbrella
- Eye-glass repair kit
- Hair dryer, slippers
- Perfume atomizer
- Photos from home
- Duct tape, compass
- Thank-you cards, gifts
- Address labels- post cards
- Digital luggage scale
- Travel alarm clock

